



The Santa Barbara

August 2007

MESSENGER

Convention Update

“WE SURRENDER TO WIN” – 2007 Convention -

The 2007 convention is on the horizon – time sure flies when you are having fun! And the convention committee is having fun these days! Only 2 more months and October will be here before we know it! Its amazing how the convention gets put together. The way it happens is just the way the AA program works: one day at a time, with all of us working together

More than ever, we are trying to reach the entire AA community. There will be Marathon Meetings (sign up to lead a meeting), Spanish Speaking meetings, Young People’s meetings, Gay and Lesbian meetings and Al-Anon meetings (we also need an Al-Anon to help with this). We have already been contact with most of these groups but we would welcome anyone who wants to help – come to the next meeting!

The BBQ on Friday night is always a big hit! If you’ve missed the previous BBQ’s – the Elks do know how to do that grilling – Delicious!! Marcal will be hosting an amazing evening of Sober Bingo on after the BBQ so, be prepared for laughter, friendship and the possibility of calling out BINGO.

The theme, logo and other information to be included on the mugs, t-shirts and sweatshirts have been finalized and there will be lots of the popular hooded sweatshirts again this year. Go to the website to see logo. Word from the golf committee is to plan on a great time of fellowship, fun and golf in the sun! Get your registration in now- contact Michael W. at Michael @ michaelwoodward.com.

The convention's special events committee has been busy again this year:

Prior to the convention, during the weekend of September 9/10, we will be hosting our First Annual Funtastic Sports Weekend. There will be a Softball tournament on Saturday at Carrillo field (Call Mike C at 430-2780), and on Sunday we are having a Beach Volleyball tournament at the East Beach Courts (Call Paul C at 896-0716) for further details. There will be a Bar-b-que on Sunday following the volleyball tournament and convention memorabilia will be on sale as well as a convention registration desk will be open.

The artists and crafts persons in Santa Barbara are being reminded to begin their submissions for this year's Art Auction. Last year, our first annual convention art auction, was an overwhelming success. We are hoping to raise money, showcase the varied talents of fall our Santa Barbara artisans as well as have some great laughs and fellowship. We look forward to seeing you at the Banquet! Contact Beverly J. @ 455-1012.

The 2007 Committee would sincerely appreciate your early registration. That’s what lets us pay the bills that start coming in long before the doors open for the convention. THANK YOU, especially to those who support the convention with early registration!! Of course, you can go on line to register again this year – just go to www.sbaaconvention.org.

The next committee meeting will be at 6:00 p.m., at Maggie’s pre-school, 3523 Modoc Road (call 682-6200 for directions) on Thursday, August 9th. There are still plenty of opportunities to participate in the convention.

So don’t forget: October 12,13 and 14th. All our planning and hard work won’t mean a thing if you are not there!! GO TO www.sbaaconvention.org for more information.

**THE CONVENTION IS COMING!
THE CONVENTION IS COMING!**



I don't know about you, but I'm excited. We always have such a great time at our annual Convention. I sometimes forget that from year to year. Then, suddenly, it is that time again, and the old excitement comes back. I know that I am going to see a host of old friends, some of whom I have not seen since the year before. When I think about being able to get a hug and have a conversation with slow-talking Peggy, or Teri B., or my old sponsor Jim F., who is coming up from Florida and was the first chairperson for this event, I start to get grateful for all this Convention has given us over the years. There was that first one at the Miramar where every time I walked into the

marathon room there was a blond girl, who sat there crying through the entire weekend. Now Dinah comes back every year, still sober. There were the past years where we had speakers like Franklin Williams, Gene Duffy, and Jack Prohs, true AA giants who have all gone on to the big meeting in the sky. There were the years where I had the privilege of working on the committee and being a part of making it all happen. It really is a fantastic thing when you get the chance to see your efforts materialize as something that is shared and enjoyed by so many people. And I would like to thank this year's committee in advance for all their hard work on our behalf. Thank you for sitting through those committee meetings, thank you for caring enough to make this happen, thank you for what I know will be a wonderful weekend of laughter and fellowship.

Oh, and please register early. ☺

Tim W.

Tim

Supporting Member Donation Coupon

I would like to become a supporting member of the Santa Barbara AA Central Office, and help it continue to carry the message and be there for the alcoholic who still suffers. I look forward to finding my monthly newsletter in the mail each month! Encloses in my first contribution of \$ _____. I will continue to donate this amount on a (circle one) monthly, quarterly, annual, other _____ basis.

I am already a supporting member. This is my regular contribution of \$ _____.

Name _____

Street _____

City/State/Zip _____

Phone _____ E-Mail _____

Please make check payable to: AA Central Office, S.M.C.
1213 State Street, Suite H
Santa Barbara, CA 93101

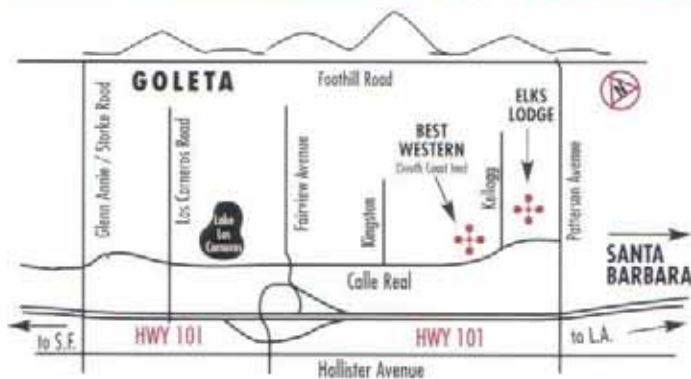
Every AA group ought to be fully self supporting, delining outside contributions. – Seventh Tradition (short form), reprinted by permission of A World Services, Inc.

SANTA BARBARA CONVENTION

PO BOX 91731

SANTA BARBARA, CA 93190-1731

Hotel Information and Directions



There are more hotels listed at www.sbaaconvention.org. Wherever you stay, we recommend making reservations early.

**ELKS LODGE: 150 North Kellogg
Santa Barbara/Goleta, California**

The Elks Lodge is located off the 101 Freeway in Goleta, CA, just a few miles north of Santa Barbara. Exit Fairview Ave. towards the mountains, and turn right onto Calle Real. Go approximately one mile, and then turn left onto Kellogg Ave. Make an immediate right into the Elks Lodge parking lot.

The closest hotels are:

Best Western South Coast Inn. 5620 Calle Real, Goleta, CA 93117, just across from the Elks Lodge. (805) 967-3200. S175 - S200 (\$130 – if booked before Sept. 11th, and the guest mentions "The 23rd Annual Convention".)

Holiday Inn. 5850 Calle Real, CA 93117, just a short walk from the Elks Lodge. (805) 964-6241. \$132 - \$159.

Extended Stay Santa Barbara. 4870 Calle Real, Goleta, CA 93117, about 1.75 miles from the convention. (805) 692-1882. S73 - S119.

The Super 8 Motel. 6021 Hollister Ave., Goleta, CA, 93117, about 1.3 miles from the convention. S87 - S116.

Convention Events

Excellent Speakers!

This year's convention includes Shalaby N. (Lancaster, CA), Mary Ann W., (Tulsa, OK), John A., (Dallas, TX). More speakers to be announced.

Lots of Events!

Golf Tournament, Western Barbeque, Dance Party, Sober Bingo, and of course lots of meetings -- AA, Alanon, Alateen, Gay & Lesbian, Young people, H & I, and more.

Get Your Groove On!

Shake your thang! DJ Hektik will be spinning the best Hip-Hop and R&B around so that you can get your groove on!

Fantastic Food!

The Barbeque will include Tri-Tip, Chicken Quarters, Corn-on-the Cob, and Garlic Bread. The Banquet will feature Roast Sirloin Steak, Chicken Picatta with a mushroom sauce, Saffron Rice and Green Beans. Yummy! Mud Pie for dessert!

Art Auction

This is our 2nd annual arts and crafts auction!! We are reaching out to all our talented AA members, their families and friends to create and donate works of art or crafts to be displayed at and around the convention site. Your inspiration can be drawn from any AA conference approved literature. For more information, or to donate work, please send a message to artauction@sbaaconvention.org.

SURRENDER TO WIN

SANTA BARBARA

XXX
COMING



www.sbaaconvention.org
October 12th, 13th and 14th, 2007

Registrant Information

Name _____
Address _____
City _____ State _____ Zip _____
Phone _____
Email _____
Name on badge _____
Home group _____
 AA Alanon Alateen Guest

Additional Registrants

Coming with friends? Each person must register on a separate form. You can use this form, however, to reserve registrations and event tickets for your guests who will register on-site. A registration is required to attend the convention!

Payment Information

Enclose a check payable to SBAA Convention, or fill out this form to pay by credit card (**Visa and Mastercard only**). Mail your form to: PO Box 91731, Santa Barbara, CA 93190-1731.

My billing address is the same as above.

Name _____
Address _____
City _____ State _____ Zip _____
Card number _____
Expiration date (MM/YY) _____

Event Sign-Up

We offer a convention package that includes all events (except golf), a mug, and a shirt OR tote bag. You can upgrade to a sweatshirt for \$12 more. Individual registrations are \$25 on-site at the convention.

Convention package	_____	x	\$ 100 = _____
Sweatshirt upgrade	_____	x	\$ 12 = _____
Hooded Sweatshirt upgrade	_____	x	\$ 16 = _____
Registration (\$25 on site)	_____	x	\$ 20 = _____
Friday night BBQ <i>(includes one ticket for Friday night 50/50 raffle)</i>	_____	x	\$ 25 = _____
Saturday night banquet	_____	x	\$ 35 = _____
Saturday night dance			<i>included</i>
Friday golf <i>(includes cart)</i>	_____	x	\$ 60 = _____
Coffee Mug <i>(with free coffee)</i>	_____	x	\$ 10 = _____
Short Sleeved T-shirts	_____	x	\$ 15 = _____
Long Sleeved T-shirts	_____	x	\$ 18 = _____
Tank Tops (women's)	_____	x	\$ 18 = _____
(men's)	_____	x	\$ 18 = _____
Crew-neck Sweatshirts	_____	x	\$ 28 = _____
Hooded-zippered Sweatshirts	_____	x	\$ 35 = _____
Tote Bags	_____	x	\$ 15 = _____
Scholarship donation - <i>Pass it on!!!</i>	_____	\$	_____
Total enclosed:	_____	\$	_____

Shirt Sizes

Indicate quantities of each size for the shirts you ordered above. Don't forget the ones that come with your convention packages. Size availability is not guaranteed. We'll do our best!

	S	M	L	XL	XXL
Tank Top (women's)					
Tank Top (men's)					
T-shirts					
Long sleeve T-shirts					
Sweatshirts					
Zippered Hoodies					

SURRENDER TO WIN

WANT TO BE OF SERVICE?

Anyone who is interested in being added to the volunteer data-base, please come down to the Central Office or Call us with your information. The ways you can be of service are:

1. Take 12 Step Calls from people after office hours.
2. Be a Temporary Sponsor
3. Give a ride to a meeting.

This is a great way to give back to those just coming into the program.

If you are interested please contact the Central Office 962.3332, or email John S. at JohnS@SantaBarbaraAA.com with your information.

Thank you.

Santa Barbara District 23 General Service Representatives

Responsibility Pledge

"I am responsible...

When anyone, anywhere, reaches out for help,
I want the hand of AA always to be there.

And for that, I am responsible."

Reprinted from Pamphlet P-1, This Is A.A., page 24,
with permission of A. A. World Services, Inc.

Accessibilities / Special Needs

"While there are no special AA members,
many members have special needs."

The goal of the Accessibilities / Special Needs committee is to meet the needs of our District and to make AA accessible to everyone. Your District #23 Accessibilities Committee explores, develops and offers resources to make the AA message and participation in our program available to anyone in our District who reaches out for it.

Accessibilities Committee activities include taking meetings to AA members who are house or hospital bound, driving members who have limited ambulatory ability to and from AA meetings and providing members with ASL video, audio, Braille and large-print editions of AA conference approved literature.

For more information or to volunteer, please contact the Accessibilities chair at accessibilities@ccaadistrict23.com

www.ccaadistrict23.com

My name is Steve E and I'm an alcoholic. I'm writing this to thank the H & I people whom I met many years ago and planted the seed for my recovery. I first heard about Alcoholics Anonymous in 1972 in Juvenile Hall. I was in there waiting to be transferred up to the Los Prietos Boys Camp for one of my stays there. I was in Juvenile hall for some trouble I got into when I was drunk. I was only 12 years old but my alcoholism was already kicking in.

Two people from AA came in and spoke to some of us. I don't think I listened. But something was planted in my mind. A few years later, a panel from H & I came to LPBC and spoke to us. Again, I don't think I listened. Many years later while sitting in Santa Barbara County Jail on one of my 17 trips there, H & I showed up again, I was still not ready. I went to their meeting in the early eighty's in Jail just to get out of my cell. They didn't look like Alcoholics to me. However, they were going home at night and I wasn't. Whoever those people were, I think they saved my life. On May 26th, 2003 I was ready. I remembered about AA and I went to a meeting. By the grace of God and getting a sponsor and working the steps to the best of my ability, I have stayed sober.

I have had the opportunity to go on panels to Juvenile Hall and Los Prietos Boys Camp for H & I and share my experience, strength and hope with some of the "kids" there. I have also seen a couple of the kids show up in AA, that's cool! I must admit, I was a little scared at first, but I felt great afterwards.

H & I is a great commitment for any of us to do. You never know what seed you might plant in somebody who doesn't seem to be listening.

Again, I want to thank all who volunteer for H & I and planting the seed that got me started in my recovery. Someday soon, I plan on getting my clearance for the County Jail and going in there to share what I have found. This program has saved my life.

Steve E



The Messenger is published monthly by:

23rd District Intergroup of Alcoholics Anonymous
1213 State Street, Suit H
Santa Barbara, California, 93101

805-962-3332

sbaa@santabarbaraAA.com

July Birthdays

Kathy L	1
Andy G.	1
Mike V	2
Sue F.	2
Rod G	2
Shannon	2
Kelly K	3
Leslie H.	3
Jimmy G.	3
Laura R	4
Linda C.	4
Michael M.	5
Sarah A.	5
Dan	10
David H.	11
Paul S.	11
David H.	11
Sandy M.	12
Jay	12
Dawn B.	14
Lisa E.	14
Paul D.	16
Ken C.	16
Rodney J	17
Richard K.	19
Kathy R.	20
Jo R.	21
Larry V.	25
Meredith Mc.	25
Keith	29
Jean H.	31

Submissions Needed

The Messenger needs your submissions and letters. We are looking for articles for the step or tradition associated with the month of the same number. For the Ninth month, September we need writing on Step 9 and Tradition 9. Send submissions to JohnS@santabarbaraAA.com. Please send any article you submit in Word Format, thank you.

Central Office Statistics

During the March your Central Office had:

AA Information calls	921
Al-Anon Referrals	66
Referrals to other programs	47
12step via answering service	49
Out-of-town visitors	23
12-step via office	25
Office walk-ins	785
Hits on our Web site	1125

Service Meetings

General Service Representatives (GSR) st Monday at 6:00pm meet at:
 Holy Cross Church Hall, 1740 Cliff Dr. Behind the Church
 IGR's (Intergroup Representatives) meet at 6:00 P.M. the second Tuesday each month at First Presbyterian Church 21 East Constance in Santa Barbara
 H&I (Hospitals & Institutions) meets at 6:00 P.M. at the second Monday each month at the Central Office.
 PI (Public Information meets the fourth Saturday of each month.
 Call 687-7673 for more information.
 22nd ANNUAL Santa Barbara Convention Committee – 2nd Thursday of each Month, 6:00 P.M. at 3523 Modoc Rd. Commitments Available!

Donations by Group July 2007

	Jul 07	Jun 07	Jan - Jul 07
001 Sunrisers	0.00	0.00	154.00
003 Eye Opener	240.00	275.00	1,560.00
004 Monday At A Time	156.80	0.00	536.00
006 Start Your Week Right	0.00	0.00	160.00
007 Sound Off	0.00	0.00	75.00
008 Beginner's Group	0.00	0.00	20.00
010 Foundation Group	112.00	0.00	246.50
011 Sundowner Group	516.00	0.00	2,108.00
013 New Pair Of Glasses	0.00	0.00	70.00
014 El Montecito Saturday Night	0.00	20.00	180.00
019 Onward & Upward	0.00	160.00	160.00
020 Cambridge Group	0.00	0.00	60.00
022 There Is A Solution	0.00	350.00	394.00
023 For Women Only	0.00	0.00	234.00
024, Mesa-Singleness of Purpose	0.00	35.00	35.00
025 Grateful Group	0.00	0.00	70.00
028 The Mother Group	0.00	0.00	60.00
034 Women of Change	0.00	0.00	147.00
045 Alternative Group	80.00	0.00	301.00
047 Tuesday Men's Stag	30.00	0.00	147.00
051 Men's Group At St. Mary's	213.00	0.00	386.00
053 Both Oars In The Water	0.00	0.00	160.00
055 Staying Alive	0.00	0.00	190.00
035 12 & 12 Study, Tues.	0.00	0.00	160.00
062 Do The Steps Or Die	55.94	55.84	426.64
067 Rigorous Honesty	37.00	12.00	595.00
068 Stepping Stones	36.00	26.00	297.26
070 Success roup	0.00	80.00	80.00
071 The Loft	0.00	0.00	250.00
073 Young People's	0.00	0.00	210.00
074 Casa Serena (BB Study)	0.00	137.00	137.00
079 Harbor Group	498.00	455.00	2,812.20
083 Sober Students, Tues Eve	0.00	0.00	120.00
076 11th Step	0.00	0.00	160.00
089 Here & Now	0.00	0.00	85.00
091 New Life	0.00	0.00	232.00
093 Into Action, Thurs	0.00	80.00	80.00
094 Questions & Answers	0.00	0.00	39.80
097 Almost Saints	201.60	0.00	1,237.00
099 Sink Or Swim	0.00	0.00	160.00
100 UCSB Discussion	0.00	55.00	110.00
103 Munch Bunch	0.00	41.22	41.22
111 Carpinteria Canalino	400.00	0.00	400.00
112 Montecito/Carpinteria	0.00	0.00	112.00
113 Sought Through Prayer & Meditation	0.00	52.60	136.60
114 Schooner Group	89.00	0.00	278.00
115 Eleventh Step Meditation	64.90	0.00	161.51
117 Way Of Life	0.00	0.00	300.00
118 Speaker Connection	0.00	0.00	231.58
120 Sat. Morn. Home Boys	226.80	0.00	830.40
122 Came to Believe Candlelight	0.00	0.00	60.00
130 Saturday Night Sobriety	0.00	0.00	72.00
133 Action Participation	0.00	780.00	1,280.00
139 It's A Hell Of A Deal	200.00	0.00	910.00
140 Gay Discussion, Sunday	0.00	0.00	147.00
141 Off Center	0.00	385.00	1,205.00
144 Back To Basics, Young People	0.00	0.00	78.00
149 Getting To Know You	0.00	0.00	160.00
151 Our Meeting	35.00	0.00	35.00
153 Happy Destiny	400.00	0.00	400.00
156 Start Your Day Right	156.00	200.00	1,206.00
158 Isla Vista Sobriety	0.00	0.00	43.65
163 Mustard Seed	0.00	15.00	15.00
164 Men Who Have Lost Their Legs	0.00	277.77	1,103.77
165 Junkyard Dogs	0.00	701.00	701.00
166 Serenity Sisters	0.00	0.00	96.85
170 Barefoot Group	61.06	58.00	436.56
177 Key Group	0.00	0.00	1,250.00
181 Keep Coming Back Group	392.18	0.00	1,118.69
183 Summerland, Thurs.	0.00	0.00	721.80
TOTAL:	\$4,201.28	\$4,251.43	\$28,177.03

Central Office
1213 State Street, Suite H
Santa Barbara, CA 93101
(805) 962-3332

